

# Ruff Notes

## March 2023

**Monterey Bay**  
Dog Training Club, Inc.



President: Terri Gregson [gregsons4@sbcglobal.net](mailto:gregsons4@sbcglobal.net)

Editor: Marion Bashista [marionb@bashista.com](mailto:marionb@bashista.com)

### *In This Issue:*

2	<ul style="list-style-type: none"> <li>• <i>March General Meeting</i></li> <li>• <i>Update from Matches &amp; Trials</i></li> </ul>
3	<ul style="list-style-type: none"> <li>• <i>Gifts from the Heart</i></li> </ul>
4	<ul style="list-style-type: none"> <li>• <i>New AKC FIT DOG Titles</i></li> </ul>
5	<ul style="list-style-type: none"> <li>• <i>Obedience &amp; Rally Matches</i></li> </ul>
6	<ul style="list-style-type: none"> <li>• <i>Member Brags</i></li> </ul>
7	<ul style="list-style-type: none"> <li>• <i>March Birthdays</i></li> <li>• <i>Save the Dates</i></li> </ul>
8	<i>Trainer Business Cards</i>

### March 2023 PRESIDENT'S MESSAGE

We have another wonderful general meeting planned for March. We hope you can fit it into your schedule because it should be FUN. One of our newest club members, Reena Walton, has agreed to teach us all how to train our dogs to do tricks. Later, we will schedule a testing time with Reena so everyone can earn a title on our dogs.... Trick Dog Novice – or more advanced if you are so inclined. Our December Awards Banquet should see the most dogs earning awards in years as any dog any age can learn tricks. Look for more information here in Ruff Notes and emails from the club.

Unfortunately, I only received one response to my request for input on our meeting dates and times. I am happy to say that Diana Galvan has won the prize and hopefully will be able to attend our March meeting so I may award it.

I have agreed to chair the “nominating committee” for the club board members for the term that starts July 1, 2023. Any club member is allowed to be a member of the Board. We have 9 positions ranging from President to Corresponding Secretary. The best part of the Board is that even though there is work that needs to be completed, we are a very supportive group and enjoy our time together. Our meetings are the first Monday of the month, via zoom starting at 6:30 and not lasting beyond 8:30. We always allow for time at the end of the meeting for brags. Brags are a way for us to check in on how our lives with our dogs are going and is not limited to accomplishments in the show ring.



We would love to have you join us... so think about it and expect to hear from me.

Happy *St. Patrick's Day* from our bunch.

Hug your dogs and cherish every minute we are privileged to train them!  
Terri Gregson, President



**Monterey Bay**  
Dog Training Club, Inc.



## March Meeting

**Join us!! Bring your family and friends**

Dog obedience instructor, **Reena Walton**, will present **AKC Trick Dog** tricks and show you how to earn your AKC trick dog title.

Date: **March 19, 2023** Time: **12:00 Noon**

**Capitola Community Center at Jade Street Park, Room A**  
4400 Jade Street  
Capitola, CA 95010

RSVP to Lynda Rogers at [LRO95018@GMAIL.COM](mailto:LRO95018@GMAIL.COM) before March 17.

Featuring **Reef Dog Deli** for lunch.  
Preorder your sandwich when you RSVP.  
*All because of a chef and his dog named Reef.*

Bring \$\$ to buy your pre ordered sandwich



Reena's dogs Lacie doing a paws up, and Jamie in a box



## ***Report from Matches and Trials***

Thanks to Lynn Schmitt for getting the agility trailer to be serviced. Brakes and wheel bearings were worn. You may not be aware that the club rents the agility equipment three times a year to Abba Dogs. So, the trailer must arrive to the trial site on time.

Other updates ... The club's Variable Surface Tracking Test, Scent Work trials, Agility Trials, and Obedience – Rally trials are all set.

If you are not familiar with VST, it is probably the most difficult track for a dog and handler to complete. Over paved and grass surfaces and among buildings the dog must locate 3 articles by following the scent laid three hours earlier by a track layer. About one in twenty teams are successful. It is at CSUMB on April 2<sup>nd</sup>. The first team leaves for the track head at 10 AM. Judges and visitors follow behind. Transportation is provided to and from the track site.

## Gifts from the Heart



For the past 19 years around Valentine's Day, the Monterey Bay Dog Training Club, Inc. has made a monetary donation to a local Veterinarian Hospital or Animal Foundation to help an animal and their owner with some of the cost of Veterinarian services as our "Gifts from the Heart Project".

This year our donation went to the Birchbark Foundation Pet Aid funding who partners with Veterinarians to help save pet's lives during medical emergencies when their owners are unable to fully afford the necessary critical care.

Our partnership this year helped an 8-year-old family dog named Sunshine who had been treated for pyometra by Mt. Hermon Vet Clinic and transferred to Pacific & Santa Cruz Veterinary Specialist for urgent surgery. She is doing great with her family thanks to her medical care. The included photos show Sunshine on left. Her human family is Lily and Zion and other dogs are Meatloaf and Juanton on the right.

Our Gifts from the Heart Project was started by a long-time member, Marilyn Runyan, and we continue it in her name.

The Monterey Dog Club is always looking for new involved dog owners who want to participate in responsible, professional dog training. We encourage young people and their parents to train with us and experience the bond and trust that occurs between dog and human.

For more information about the Birchbark Foundation, go to: [www.BirchBarkFoundation.org](http://www.BirchBarkFoundation.org)



## Monterey Bay Dog Training Club, Inc. Gifts from the Heart Project from past years



**2017**

Club President Donna Gorman with Vet Client who had 2 older dogs and a cat that needed medications.



**2018**

Club President Luane Vidak, Amanda White with Jean the pup, Michelle Pressel, DVM, DACVIM, and Sarah Weagle



**2019**

Our Club collaborated with Birchbark and Dr. Judy Force to help pay for dental services.



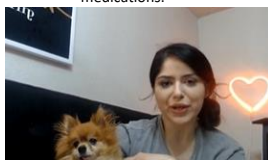
**2020**

Dr. Stephen Kalff with June who had been hit by a car. The Birchbark Foundation also contributed to the surgery and medical attention June needed.



**2021**

Our partnership with Birchbark this year helped a small dog named Tuffy who was rushed to the Pacific and Santa Cruz Veterinary Specialist.



**2022**

Surgery for 10 year old Bear's broken leg and jaw was done by Pacific and Santa Cruz Veterinary Specialist. Birchbark contributed to the surgery too.



**2023**

Sunshine (far right) received surgery for a pyometra from Santa Cruz Veterinary Specialist

For the past 19 years in memory of Marilyn Runyan, a long time member, the Monterey Bay Dog Training Club has made a momentary donation to a local Veterinarian Clinic or Foundation on behalf of a Recipient/Pet Owner as our "Gifts from the Heart Project". In the past our donations have paid for services, lab work, surgery, and medicines. Our donation is usually presented around Valentine's Day.

# THE AMERICAN KENNEL CLUB ANNOUNCES AKC FIT DOG TITLES

By [Jessica Rice](#)  
Jan 06, 2023



The American Kennel Club (AKC®), the world’s largest purebred dog registry and leading advocate for dogs, is proud to announce three new AKC FIT DOG titles that dog owners may earn with their dogs. The AKC FIT DOG titles are open to all dogs.

Now more than ever, fitness is essential for both dogs and people. An estimated 70% of people aged 20 and over are overweight, and nearly 55% of dogs are overweight or obese.

To earn each of the three AKC FIT DOG titles (Bronze, Silver, and Gold), owners will earn points in six categories that include: Completing an AKC FIT DOG 6-weeks course, entering a race that can be walked/run with their dog, documented walks that are done independently or in a group, completing “unique” activities such as swimming or Parkour, earning an AKC title related to fitness such as agility or dock diving, and earning an AKC Parent Club title such as Pack Dog or Sledding.

“Fitness is important for all dogs and their owners,” said Doug Ljungren, Executive Vice President of Sports and Events. “The purpose of the AKC FIT DOG title is to encourage dog owners to improve both their health and that of their canine companions.”

Dogs must be at least six months old to earn the Bronze level title. Some activities may be done independently (such as walking) and others will be done in the presence of other people, such as community fun runs and AKC Fit Dog courses.

“We care about dogs and want them to be healthy and fit,” said Dr. Mary Burch, AKC Family Dog Director, “and working on AKC FIT DOG titles provides structure and organization to an ongoing fitness plan for dogs and their owners.”

The Guidelines for Participants and the approved methods of documenting activities can be found at <https://www.akc.org/sports/akc-family-dog-program/akc-fit-dog/>. Questions can be emailed to [FITDOG@akc.org](mailto:FITDOG@akc.org).

Individuals interested in AKC FIT DOG titles may start applying for the titles now.



**San Lorenzo Dog Training Club, Inc.**  
**Sunday, April 16, 2023**  
**All-Breed Obedience "OC" & Rally "RC" Matches**

**LOCATION: CALIFORNIA STATE UNIVERSITY EAST BAY, Music-Business Peristyle Lawn - 25800 Carlos Bee Blvd, Hayward.** From Hwy 880 in Hayward, take the Jackson Street exit eastbound. Turn right at first stop light onto Santa Clara which becomes Harder Rd. Follow to Cal State campus. Left on Old Hilary Road, park in Lot K (Theatre) at the rear of the campus. **PARKING** is free on weekends. **NO DRIVING ONTO THE GROUNDS ALLOWED AT ANY TIME.** Be prepared to haul your equipment between the parking lot and the workshop site. Match will be held rain or shine. Shade is limited – please bring your own if possible.

**COVID-19 SAFETY PROCEDURES** will be followed as specified by CDC. State and Local requirements in effect at the time. Face masks are recommended for entering the building (to access the restrooms). Additional procedures may be included in the judging schedule.

**OBEEDIENCE CLASSES:** ● Beginner Novice (1 ring) ● Novice (2 rings) ● Open (2 rings) ● Utility (2 rings)

**RALLY CLASSES:** ● Rally Novice ● Intermediate ● Advanced ● Excellent ● Master  
 (Rally Novice and Intermediate will be run in one ring. Advanced, Excellent and Master will be run in separate ring.)

**OBEEDIENCE & RALLY RULES:** Mixed and rare breeds welcome. Entries may be limited if necessary. Judges: To be announced. Toys and food are permitted. Collars should comply with AKC regulations. No prong or electric collars allowed. Corrections limited to verbal corrections or gently guiding the dog. Exercises may be repeated at Judge's discretion.

**ENTRY FEES:** Fees for entries received by **THURSDAY, APRIL 6, 2023** are **\$18.00** for first entry of a dog and **\$12.00** for each additional entry for same dog. There will be **NO REFUNDS** after April 6.

**LATE AND DAY-OF-MATCH ENTRY:** Entries received after April 6<sup>th</sup> are \$20.00 first entry and \$15.00 each additional class. Limited day-of-match entries will be allowed only if **SPACE IS AVAILABLE**. Sign up between 8:00 AM and 11:00 AM. Day-of-match entries to run after pre-entries.

**JUDGING SCHEDULES** with armband number will be emailed approximately April 12<sup>th</sup> to all entrants specifying an email address on their entry form. You may log onto [www.sanlorenzodogtraining.org](http://www.sanlorenzodogtraining.org) to download the schedule, however, entry lists will **NOT** be published online for protection of your privacy. You may also request a printed schedule to be mailed to you by including a #10 SSAE (Stamped, Self-Addressed Envelope) and checking the box on bottom of the entry form.

**TIME:** Obedience and Rally rings begin at 9:00 AM. **RAFFLE!!!** Lots of great prizes will be available on our raffle table.

**MAIL ENTRIES TO:** Steve Stern, SLDTCC Match Secretary, PO Box 3522, San Leandro, CA 94578-0522. Make checks payable to "SLDTCC." For more information, contact Steve at (510) 483-4546 (leave a message) or email [steve\\_stern@hotmail.com](mailto:steve_stern@hotmail.com).

**STEWARDS:** Half-day stewards will receive one free entry. Full-day stewards will receive two free entries. All stewards will be given time to work their dogs. If you are interested in stewarding, please contact Rita Jensen at (510) 305-3039 or email [reelinpuck@gmail.com](mailto:reelinpuck@gmail.com).



Mail to Steve Stern, PO Box 3522, San Leandro, CA 94578-0522. Make checks payable to SLDTCC. Entries received after April 6, 2023 should include day-of-match fees.

Owner's Name				Phone (       )		
Address				E-Mail		
City		Zip		Please specify jump heights for Open & Utility obedience classes.		
Dog	Breed of Dog	Sex	Dog's Call Name	Obedience Class & Jump Hgt	Obedience Class & Jump Hgt	Circle RALLY Class(es) and Rally Jump Height
#1						Nov Int Adv Exc Master 4" 8" 12" 16"
#2						Nov Int Adv Exc Master 4" 8" 12" 16"
#3						Nov Int Adv Exc Master 4" 8" 12" 16"

**SAN LORENZO DOG TRAINING CLUB, INC. - OBEEDIENCE & RALLY WORKSHOP - SUNDAY, APRIL 16, 2023.** I agree to hold the San Lorenzo Dog Training Club, its members, officers, match secretary and helpers, and Cal State University East Bay, blameless from loss or injury to any person or things caused by any act at this function. I assume full responsibility and liability of the dog(s) I enter and certify that they are current on all vaccination shots.

■ Signature \_\_\_\_\_ Date \_\_\_\_\_ Amt Enclosed \$ \_\_\_\_\_  
 Check here and include a #10 size Stamped, Self-Addressed Envelope to receive a judging schedule in the mail.  
 For Club use only: Received Date: \_\_\_\_\_ Check # \_\_\_\_\_ Armband # \_\_\_\_\_



# MEMBER BRAGS



**Rainy and Maddie** had a Great weekend at the Monterey Bay Area Scent Work Club's trial on 2/17 & 18.

Rainy ran on Friday and Qualified in Containers, Buried and Exterior to finish all 3 of those Masters titles.

Maddie ran on Saturday and Qualified in all 4 of her Excellent elements, Containers, Buried, Exterior and Interior.  
I am constantly impressed by these 2 girls.... (Linda Lang)



**Lacie** Q'd in all 5 Novice classes at Monterey Bay Area Scent Work Club on Friday 2/17/23.

We finished the Novice Handler Discrimination title and got a 2nd place in Novice Buried....(Reena Walton)

Re



## March Birthdays



3/5/2017	6	Austin	Miniature Schnauzer	Imo Lawton
3/10/2014	9	Kiara	Labrador Retriever	Michael & Marion Bashista
3/14/2020	3	Connor	Dalmatian	Judy Force

\*\* If we've missed someone or your information needs to be updated, please contact Marion Bashista at [marionb@bashista.com](mailto:marionb@bashista.com) with your changes. Thanks!

3/4	Tammy Philbin
3/23	Yvette Cook



### **SAVE THE DATES**

March 19 – General Meeting, Capitola  
April 2 – VST, CSUMB  
April 29-30 – Scent Work Trial, Hollister  
May 20 – General Meeting and MAF Walk  
June 16-18 – Agility Trials, Manzanita Park, Prunedale



**WANT A GOOD DOG?  
WE CAN MAKE IT HAPPEN!**

PH: 831.724.6657  
E:luanemv@sbcglobal.net

**LUANE VIDAK**  
OBEDIENCE INSTRUCTOR:  
Monterey Bay Dog Training Club, Inc.  
AKC Obedience Judge Emeritus

**Kari-On**  
Trainer/Instructor



**Dorothy Mash**  
408-710-8405



**SHADOWLENDs**  
Obedience - Rally - Conformation  
Trainer

**Carol S. T. Davis**  
831-722-0267